



**Virginia Festival
of the Book**
VIRGINIA HUMANITIES

Mental Health and Wellness at the Festival

American Addictions: Our Opioid Crisis

Beth Macy & Chris McGreal

Wednesday, March 20, 2-3:30 PM

Jefferson School African American Heritage Center

Challenge Into Change

LaTanya McQueen and The Women's Initiative Authors

Wednesday, March 20, 6-7:30 PM

Carver Recreation Center

Love and Heartbreak: Mental Illness Memoirs

Charita Cole Brown and Zack McDermott

Thursday, March 21, 2-3:30 PM

Central JMRL Library

► **Community Mental Health
and Wellness Coalition**

See details about these and many other programs at VaBook.org

